



Annual Report 2013

The Police Treatment Centres*

Charity Commission No. 1147449

OSCR No. SC043396

Company Registration No. 07822534

The St George's Police Children Trust**

Charity Commission No. 1147445

OSCR No. SC043652).

Company Registration No. 07822521



*The Police Treatment Centres is the corporate trustee of the Northern Police Convalescent and Treatment Centres
Charity commission registration No. 1147449-1 OSCR Registration No SCO39749

**The St George's Police Children Trust is the corporate Trustee of the St George's Police Trust
Charity commission registration No. 1147445-1, OSCR Registration No SCO38769

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The St George's Police Children Trust

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Trustees' Report – The Police Treatment Centres

LEGAL AND ADMINISTRATIVE INFORMATION

Patron: HRH the Duke of York, KG.

President: The Hon. Simon Howard

General Council: The President
The Board of Trustees
Representatives from each donating Police Force

Board of Trustees:

I Poultney (Cumbria)

Chair

M Botham (North Yorkshire)

Vice Chair

C Audley

Police Service of Northern Ireland

M Banks

Durham

P Barker

Greater Manchester

G Buist

Police Service of Scotland (From 04.02.13)

S Cross

North Yorkshire (To 01.02.13)

A Cupples

Police Service of Northern Ireland

J Curran

Humberside

M Davis

Nottingham (From 01.09.13)

N Day

North Yorkshire (To 03.08.13)

G Dixon

Police Service of Scotland

R Dutton

Police Service of Scotland (From 21.11.13)

I Hanson

Greater Manchester (From 04.02.13)

D Horn

North Yorkshire (From 01.05.13)

S Hyde

Cumbria

M Kennedy

Police Service of Scotland (To 20.11.13)

P Kennedy

North Yorkshire (From 01.09.13)

A Lees

West Yorkshire

M Lindsay

Police Service of Northern Ireland

G Morton

Police Service of Northern Ireland

G Payne

North Yorkshire

R Purdie

Cheshire (From 04.02.13)

M Taylor

North Yorkshire (To 04.02.13)

D Whatton

Cheshire (To 04.02.13)

S Ross

Police Service of Scotland

M Whyman

Yorkshire & Humber Region (To 27.09.13)

R Pratt

Fundraising

Treasurer: P Henson

Chief Executive: M Baxter QPM, BA (Hons), MCIPD
St. Andrews, Harlow Moor Road, Harrogate, HG2 0AD
Tel: (01423) 504448

Chaplains: Reverend Brian Hunt DL (St Andrews)
Reverend Doctor Andrew Barton (Castlebrae)

Solicitors: Raworths

Trustees' Report – The Police Treatment Centres

Station Parade
Harrogate
HG1 1HF

Auditors:

Baker Tilly
2 Wellington Place
Leeds
LS1 4AP

Bankers:

Barclays Bank Plc
James Street
Harrogate
HG1 1ZT

Investment Managers:

Schroders Plc
12 Moorgate
London
EC2R 6DA

Trustees' Report – The Police Treatment Centres

BOARD OF TRUSTEES REPORT - 2013

Charitable aims

The Police Treatment Centres is the Corporate Trustee of the Northern Police Convalescent and Treatment Centre, a registered charity governed by a Sealed Scheme.

The aim of the Charity is to provide Treatment Centres where injured and ill police officers can receive intensive physiotherapy and treatments to aid their return to better health and facilitate an earlier return to work.

Delivering our aims

The aims, objectives and activities of the Police Treatment Centres are reviewed annually and the focus is on the outcomes and achievements of the previous twelve months. This helps to ensure the Charity's aims, objectives and activities remain focused on the stated purpose and also in preparing the following year's annual Business Plan. We have referred to the guidance on public benefit provided by the Charity Commission and Office of the Scottish Charity Regulator (OSCR) when reviewing our aims and objectives and when planning our future activities. In particular the Trustees consider how planned activity will contribute to the objectives they have set.

Our main objectives for the year continued to be the provision of two treatment centres to provide facilities and treatment to support the return to better health and wellbeing of serving and retired officers. The strategies we used to achieve these objectives included completing a review of clinical services to ensure the services provided met the needs of our beneficiaries and also increased the number of serving police officer donors.

The Charity is funded primarily through the voluntary Give As You Earn (GAYE) donations made by serving police officers. Approximately 49,000 officers make the suggested minimum weekly donation.

Provision of services and public benefit

Our main activities and those we helped are described in this Annual Report. All our charitable activities focus on improving the health and wellbeing of serving and retired police officers and are undertaken to further our charitable purposes for public benefit.

Our objects and funding limit the services that we can provide to serving and retired police officers in the North of England, North Wales, Scotland and Northern Ireland as well as British Transport Police, the Civil Nuclear Constabulary and the Ministry of Defence Police. The number of serving police officers in this catchment area is now approximately 71,000 and the number of police officers making the voluntary donation is around 49,000 (the number of retired police officers is likely to be similar).

Demand for our services is limited by giving priority to serving police officers who have a clinical need which is endorsed by a medical practitioner and is also based on an assessment by our own physiotherapy and nursing teams.

Every officer in our catchment area is eligible to apply for treatment. Our eligibility policy is available from our website (www.thepolicetreatmentcentres.org).

Trustees' Report – The Police Treatment Centres

Further information about the direct beneficiaries of our services is provided later in this Annual Report. However, the impact of our work goes beyond those we help directly and includes reducing the distress suffered by families and friends of the injured and ill officers, through to a positive impact on the efficiency of police forces in our catchment area.

The main areas of charitable activity are the provision of intensive physiotherapy treatment; fitness and strength classes; advice and education; patient support services and complementary therapy.

Review of Activities 2013

The Police Treatment Centres continue to work hard to improve services and treatment for patients year on year. During 2013 almost 4,000 serving and retired police officers attended as patients for treatment, largely for physiotherapy, although increasingly for stress, anxiety and depression related illnesses.

Physio and Nursing update

The physiotherapy department has seen an increase in demand for treatment on both an in-patient and out-patient basis. The new patient record system has improved efficiency in ensuring occupancy rates are constantly high and we are now capturing discharge data in a format that will aid report writing and statistical analysis. A review of fitness classes was carried out which led to improvements in the focus of our programme. The St Andrews sauna and steam room were replaced and updated during 2013.

The nursing department has seen a large increase in the number of patients referred for psychological support. They have successfully introduced Emotional Freedom Techniques (EFT) in selected patients and have added a cholesterol workshop to the health promotion programme. An audit of patients using the CORE-10 outcome measure demonstrated extremely high clinical improvement rates in those taking part in the stress programme.

Facilities – St Andrews

The Duke of York Wing was completed in March to meet the Home Office restriction of completion by the end of March 2013. The work was completed to a very high standard and involved the replacement of windows, refurbishment of 23 bedrooms and the inclusion of two bariatric rooms for patients with poor mobility.

Feedback from patients continues to be positive in relation to the newly refurbished Duke of York Wing along with the other areas of operational activity at St Andrews.

The Duke of York visited St Andrews on 22 May 2013 to officially open the newly refurbished Duke of York Wing. The event was attended by over 100 supporters of the Charity together employees of the Police Treatment Centres. The Duke of York was extremely impressed with the improvements that have taken place at St Andrews. The day ended with the Duke of York being presented with a souvenir police helmet to commemorate his visit.

Trustees' Report – The Police Treatment Centres

During the early part of the year it was identified there was a significant problem with the treatment pool roof and environmental system at an estimated cost of £200,000. Work commenced over the Christmas period and is now completed.

Facilities – Castlebrae

The major improvement plans for Castlebrae remain a high priority for the trustees and management of the charity. Patient feedback at Castlebrae supports this view with the main issues being a difficulty in accessing classes because of lack of capacity together with a requirement for a hydrotherapy pool. Fundraising for the project remains a key priority with the need to implement the charity's plans for redevelopment at the earliest opportunity subject to sufficient funding.

Fundraising 2013

Police Officer numbers are continuing to fall with fewer officers choosing to sign up to The Police Treatment Centres. This coupled with the difficult current economic climate has made the recruitment of new donors challenging. However, 12 recruitment campaigns have been run over the course of the year. Each recruitment campaign lasted for a period of three months with the offer of one year amnesty to encourage new donors. Fundraising continues to actively recruit new donors at the Scottish Police College.

Capital fundraising for the Duke of York wing improvements generated over £835,000 to cover the costs of the work incurred with £500,000 being received from the Home Office.

Fundraising for Castlebrae received a boost during 2013 following the amalgamation of the eight former Scottish forces who donated over £302,000.

A new DVD was produced to support fundraising from corporates and other bodies.

The Police Treatment Centre Lottery was launched in July more than doubling the target of 2,500 ticket sales by September. The Lottery income increased to £24,489 from July to December. By the end of December there were over 5,800 tickets sold which will generate the Charity approximately £40,000 in profit per annum, this money will be reinvested back into the running of the Charity. Fundraising are now entering the second phase of its promotion and will continue to market the lottery throughout 2014.

Fundraising carried out by Police Officers and Police Treatment Centres employees has been a large area of growth during 2013 increasing by 168%. Fundraising supported a number of annual events run for The Police Treatment Centres which will provide a regular annual income, including the A2B Bike Ride, a flagship event for the Police Treatment Centres and Flint House provided much needed funds for the Charity. In 2013 staff at St Andrews took part in the Knaresborough Bed Race to raise funds for two Tour de France bikes and staff at Castlebrae staff completed a Triathlon

Fundraising have been supported by a number of Police Federations and Police Benevolent Funds, NARPO, RPOAS as well as PCCs and the fundraising team continues to build good working relationships with those bodies as well as others.

Trustees' Report – The Police Treatment Centres

At St Andrews hospitality weekends which were trialled as Christmas Shopping Weekends, offering Bed and Breakfast which was promoted through NARPO and RPOAS. These proved extremely popular and sold out within days of advertising.

Work on the new website began in September to support the work of The Police Treatment Centres which was completed in the early part of 2014.

The Police Treatment Centres e-newsletter has been distributed regularly over the year.

Patient feedback remains excellent with many positive comments complimenting both centres and employees on the treatment provided.

Finance and Legal

A project to convert the two remaining forces, Cumbria and the British Transport Police (BTP) to GAYE was completed in 2013. Additional income was received by the Charity through Gift Aid as part of the BTP transfer. Cumbria joined with the North West Police Benevolent Fund with Gift Aid to be reclaimed in 2014.

On the 1st January 2013 the Police Treatment Centres changed its legal structure from being an unincorporated charity to becoming an incorporated charitable company limited by guarantee. The incorporation process was steered by a Trustees' Governance Working Group with the outcome being the Charity has modernised its objects and governance arrangements and has positioned itself to move forward in a number of key areas e.g. campaigning on behalf of police officers in regard to their health and wellbeing and increasing income generation activity.

In 2013 the Charity demonstrated its commitment to excellence through Investors in People where we were once again delighted to be recognised with both Investors In People and the prestigious Health & Wellbeing Award. The latest joint assessment and accreditation for both standards cements our goal of being an employee of choice.

In September 2013 the St Andrews grounds, often the subject of appreciative comment, were awarded a "Harrogate in Bloom" gold award in the summer category. Our thanks go to Chris Platt and his team for their excellent work.

Finally, we would again like to thank all the police officers whose donations help to support the work of the Charity; supporters and members of the public; Staff Associations, Benevolent Funds and force representatives for their continued support and help in promoting the service and benefits of the PTC to injured and ill police officers. Only by working together can we continue to support the thousands of police officers who need our help each year.

Governance

The Board of Trustees set the strategy and policy direction of the Charity and is responsible for its compliance within the Sealed Scheme. The Trustees are appointed in

Trustees' Report – The Police Treatment Centres

accordance with the rules of the Sealed Scheme and report annually to the General Council. On appointment each Trustee is provided with an online Trustees' information pack which includes the Charity Commission Guide for Trustees, a history of the Charity as well as Minutes from recent Board of Trustees meetings, minutes of the AGCM and the Annual Report. Trustee training is provided which covers the role and responsibilities of a Trustee.

Trustees give their time voluntarily and receive no financial benefits from the Charity. As potential beneficiaries they are able to gain access to the services provided by the Charity but are subject to the usual application process by which beneficiaries' needs are assessed.

Management

The Board appoints a Chief Executive who develops the Charity's Annual Business Plan for approval by the Trustees. The Chief Executive then has the authority within the Charity's Scheme of Delegation for implementing the approved Annual Business Plan and for the day-to-day operations of the Charity in accord with approved strategy, policy and procedures.

The Trustees wish to record their thanks to the Police Treatment Centres employees for their professionalism and commitment to their roles which enable the Charity's wide range of services to be effectively and efficiently provided to beneficiaries.

Trustees' Report – The Police Treatment Centres

Admissions (by force name)

Patients have been admitted from the following forces:

	2012		2013	
	St Andrews	Castlebrae	St. Andrews	Castlebrae
Cheshire	83	5	91	13
Cleveland	56	34	76	36
Cumbria	22	44	25	38
Durham	57	45	41	36
GMP	317	22	390	26
Humberside	73	3	92	7
Lancashire	192	39	174	34
Lincolnshire	36	4	54	8
Merseyside	159	36	168	33
North Yorkshire	69	3	77	7
Northumbria	38	64	22	85
North Wales	43	2	47	3
Nottinghamshire	183	10	180	10
PSNI	102	327	81	269
Police Scotland (Northern)	3	176	5	126
Police Scotland (Western)	7	425	7	404
Police Scotland (Eastern)	5	234	4	237
South Yorkshire	96	10	142	16
West Yorkshire	128	10	124	18
British Transport	18	12	29	17
Civil Nuclear	6	9	4	15
Isle of Man	5	2	5	4
Ministry of Defence	0	0	0	2
Metropolitan	2	0	2	1
Flint House	0	0	0	0
Other (i.e. Respite Courses)	25	64	55	34
Total	1725	1580	1895	1479
Outpatients	271	378	253	164

The figures for 2012 have been restated to represent the constituent areas of Police Scotland.

FINANCIAL INFORMATION

The Police Treatment Centres

The Police Treatment Centres was founded by Catherine Gurney OBE, who also founded the St George's Police Children Trust. Office accommodation is provided for the St George's Police Children Trust at St Andrews, the Police Treatment Centre in Harrogate and the two charities have a number of Trustees in common.

The Board of Trustees has considered and assessed the major financial risks to which The Police Treatment Centre is exposed, giving due regard to the guidance issued by the Charity Commission and OSCR. In order to reduce counterparty risk the Board will only engage financial advisors that are regulated in the UK by either the Bank of England or the Financial Services Authority.

In order to minimise investment risk the Board has an Investment Policy to which the appointed Investment Manager must adhere. In addition to these protections the Board retains cash assets which, in their opinion, are sufficient to meet any short term financial requirement which can reasonably be anticipated.

This also takes into account the Investment Policy relating to the assets invested within the designated funds and the ready availability of those assets.

The Police Treatment Centres has now reached the levels from certain income streams not specifically involved with the provision of medical services that require the Charity to partially register for VAT.

The Investment Policy agreed by the Board of Trustees is to increase income in line with inflation while preserving the real value of capital sums invested. The breakdown, nature of investments and Investment Policy has been agreed with the Police Treatment Centres Trustees' Investment Sub Committee and the Police Treatment Centres Finance and Personnel Sub-Committee. The Trustees have placed restrictions on the Investment Manager's authority and the Investment Policy will be continually monitored and reviewed at six-monthly intervals.

The Reserves Policy agreed by the Board of Trustees is to maintain freely available reserves to cover between six months and one year's running costs. The Charity requires this level of reserves because it does not have a guaranteed income and because there is a statutory duty to provide for its employees. This figure is deemed sufficient to meet any foreseeable short term funding requirement and takes into account the Investment Policy relating to the assets invested within the designated funds. It also takes account of the ready availability of those assets. The Reserves Policy will be continually monitored and reviewed at six-monthly intervals.

Trustees' Report – The Police Treatment Centres

DONATIONS RECEIVED

The following unrestricted donations (over £500) were received by the Police Treatment Centres in 2013:

Patients in residence (St Andrews)	31,618.53
Patients in residence (Castlebrae)	31,371.62
JK Lee	500.00
PSNI	35,000.00
NARPO	1,450.00
R Smith	500.00
Charity Raffle - Tayside	2,000.00
GMP	9,500.00
RPOA	1,162.18
Chinstrap Chase	850.00
Exors G Lewis	608.55
York Minister Collection	1,150.35
Police Federation Bravery Awards	827.94
North Yorkshire Crime Commissioner	5,000.00
Durham Crime Commissioner	6,550.00
Durham Police Force	6,550.00
Police Mutual Foundation	30,000.00

Capital Donations received by the Police Treatment Centres in 2013:

Scotland Committee	5,000.00
Trusts and Foundations	13,000.00
(This include £10,000 from the Willam Trust)	
Government and Police	397,360.00
(This included £100,000 from Grampian, £50,000 from Tayside, £25,000 from Dumfries and Galloway, £20,000 from Northern and £102,332 from Lothian and Borders)	

Trustees' Report – The Police Treatment Centres

THE POLICE TREATMENT CENTRES

STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 31 December 2013

	Unrestricted funds	Restricted income funds	Permanent endowment funds	2013 Total	2012 Total
	£	£	£	£	£
Incoming resources					
Incoming resources from generating funds:					
Voluntary income	3,675,064	683,597	-	4,358,661	4,751,879
Activities for generating funds	49,848	-	-	49,848	26,933
Investment income	70,486	-	-	70,486	67,039
Incoming resources from charitable activities	127,271	-	-	127,271	147,430
Other incoming resources	46,250	-	-	46,250	(514)
Total incoming resources	3,968,919	683,597	-	4,652,516	4,992,767
Resources expended					
Costs of generating funds:					
Cost of generating voluntary income	-	-	-	-	3,411
Fundraising trading:					
Cost of goods sold and other costs	3,157	-	-	3,157	2,340
Investment management costs	3,620	-	-	3,620	4,275
Charitable activities	3,732,423	-	-	3,732,423	3,538,975
Governance costs	20,311	-	-	20,311	66,481
Total resources expended	3,759,511	-	-	3,759,511	3,615,482
Net incoming / (outgoing) resources before transfers	209,408	683,597	-	893,005	1,377,285
Transfers					
Gross transfers between funds	196,600	(486,945)	290,345	-	-
Net incoming/ (outgoing) resources before other recognised gains and losses	406,008	196,652	290,345	893,005	1,377,285
Other recognised gains and losses					
Gains/(Losses) on investment assets	143,857	-	-	143,857	100,869
(Losses)/Gains on revaluation of tangible fixed assets	(270,631)	-	(1,418,264)	(1,688,895)	-
Net movement in funds	279,234	196,652	(1,127,919)	(652,033)	1,478,154
Total funds brought forward	13,687,571	1,253,650	16,602,919	31,544,140	30,065,986
Total funds carried forward	13,966,805	1,450,302	15,475,000	30,892,107	31,544,140

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above. The surplus for the year for Companies Act purposes comprises the net incoming resources for the year of £893,005 (2012: £1,377,285) plus the realised investment gains / (losses) of £nil (2012: £nil), amounting to a surplus of £893,005 (2012: £1,377,285).

Trustees' Report – The Police Treatment Centres

THE POLICE TREATMENT CENTRES (company number: 07822534)

BALANCE SHEET As at 31 December 2013

	2013		2012	
	£	£	£	£
Fixed assets				
Tangible assets	25,516,660		26,878,704	
Investments	1,770,117		1,630,146	
	<hr/>		<hr/>	
	27,286,777		28,508,850	
Current assets				
Debtors	821,797		1,069,461	
Cash at bank and in hand	2,291,208		2,111,926	
Current asset investments	750,000		-	
	<hr/>		<hr/>	
	3,863,005		3,181,387	
Creditors: amounts falling due within one year				
	(257,675)		(146,097)	
	<hr/>		<hr/>	
Net current assets	3,605,330		3,035,290	
	<hr/>		<hr/>	
Net assets	30,892,107		31,544,140	
	<hr/> <hr/>		<hr/> <hr/>	
Funds				
Restricted income funds	1,450,302		1,253,650	
Permanent endowment funds	15,475,000		16,602,919	
Unrestricted funds	13,966,805		13,687,571	
	<hr/>		<hr/>	
Total funds	30,892,107		31,544,140	
	<hr/> <hr/>		<hr/> <hr/>	

The financial statements were approved by the trustees on 28th March 2014 and signed on its behalf by:

M Botham
Trustee

Dated: 28th March 2014

Trustees' Report – The Police Treatment Centres

THE POLICE TREATMENT CENTRES

BALANCE SHEET (continued) As at 31 December 2013

Total Funds are represented by:

	2013	2012
	£	£
Land and Buildings		
Unrestricted (Scotland)	9,385,000	9,556,940
Permanent endowed (Harrogate)	15,475,000	16,602,919
Fixed Asset Investments	1,770,117	1,630,146
Other Net Assets		
Unrestricted	2,811,688	2,500,485
Restricted	1,450,302	1,253,650
	<u>30,892,107</u>	<u>31,544,140</u>

The financial statements were approved by the trustees and signed on its behalf by:

M Botham
Trustee

Dated: 28th March 2014

Trustees' Report – The Police Treatment Centres

INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF THE NORTHERN POLICE CONVALESCENT AND TREATMENT CENTRE

We have examined the summarised financial statements for the year ended 31 December 2013 set out on pages 12 to 14.

Respective responsibilities of the trustees and the auditor

The trustees are responsible for preparing the summarised financial statements in accordance with applicable United Kingdom law and the recommendations of the charities SORP.

Our responsibility is to report to you our opinion on the consistency of the summarised financial statements with the full annual financial statements and Trustees' Annual Report.

We also read other information contained in the summarised annual report and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the summarised financial statements.

We conducted our work in accordance with Bulletin 2008/3 issued by the Auditing Practices Board.

Opinion

In our opinion the summarised financial statements are consistent with the full annual financial statements and the Trustees' Annual Report of The Police Treatment Centres for the year ended 31 December 2013.

Baker Tilly
31 March 2014

Baker Tilly
2 Wellington Place
Leeds
LS14AP

Trustees' Report – St George's Police Children Trust

LEGAL AND ADMINISTRATIVE INFORMATION

Patron: HRH The Duke of York, KG.

President: The Hon. Simon Howard

General Council: The President
The Board of Trustees
Representatives from each donating Police Force

I Poultney (Cumbria)

M Botham (North Yorkshire)

Chair

Vice Chair

M Banks

P Barker

G Buist

S Cross

J Curran

M Davis

N Day

G Dixon

R Dutton

I Hanson

D Horn

S Hyde

M Kennedy

P Kennedy

A Lees

G Payne

R Purdie

M Taylor

D Whatton

S Ross

M Whyman

R Pratt

Durham

Greater Manchester

Police Service of Scotland (From 04.02.13)

North Yorkshire (To 01.02.13)

Humberside

Nottingham (From 01.09.13)

North Yorkshire (To 03.08.13)

Police Service of Scotland

Police Service of Scotland (From 21.11.13)

Greater Manchester (From 04.02.13)

North Yorkshire (From 01.05.13)

Cumbria

Police Service of Scotland (To 20.11.13)

North Yorkshire (From 01.09.13)

West Yorkshire

North Yorkshire

Cheshire (From 04.02.13)

North Yorkshire (To 04.02.13)

Cheshire (To 04.02.13)

Police Service of Scotland

Yorkshire & Humber Region

Fundraising

Trustees' Report – St George's Police Children Trust

Treasurer:	P Henson
Chief Executive:	M Baxter QPM, BA (Hons), MCIPD St. Andrews, Harlow Moor Road, Harrogate, HG2 0AD Tel: (01423) 504448
Solicitors:	Raworths Station Parade Harrogate HG1 1HF
Auditors:	Baker Tilly 2 Wellington Place Leeds LS1 4AP
Bankers:	Barclays Bank Plc James Street Harrogate HG1 1ZT
Investment Managers:	Schroders Plc 12 Moorgate London EC2R 6DA

Trustees' Report – St George's Police Children Trust

BOARD OF TRUSTEES' REPORT

Charitable aims

The St George's Police Children Trust is a registered charity governed by a Sealed Scheme.

The aim of the Trust is to provide support and assistance to needy young people, one or both of whose parents is, or was, a serving police officer who contributed to the Trust and who is now deceased or incapacitated from earning a living.

Delivering our aims

The aims, objectives and activities of St George's Police Children Trust are reviewed annually and the focus is on the outcomes and achievements of the previous twelve months. This helps to ensure the Trust's aims, objectives and activities remain focused on the stated purpose and also in preparing the following year's annual Business Plan. We have referred to the guidance on public benefit provided by the Charity Commission and Office of the Scottish Charity Regulator (OSCR) when reviewing our aims and objectives, and when planning our future activities. In particular the Trustees consider how planned activity will contribute to the objectives they have set.

Our main objectives for the year continued to be the provision of financial support to needy children and young people. The strategies we used to achieve these objectives included an annual review of the application process and to further develop the Trust website to further promote the services available.

The Trust is funded primarily through investment income and the voluntary donations made by serving police officers. There are approximately 64,000 police officers in the Trust's catchment area of which around 40,000 officers make the suggested minimum weekly donation. While the number of these officers who have children is unknown, the number of beneficiaries supported by the Trust is 308.

Provision of services and public benefit

The Trust's main activities and the beneficiaries are described in this Annual Report. All our charitable activities focus on the provision of financial support to the children of serving and retired police officers who have died or who have been incapacitated from earning a living.

The Trust's objects and funding limit the services we provide to the children of officers who serve (or served) in the forces named in the Sealed Scheme.

Grants are currently "banded" to reflect the income level of the household to ensure funds are put to appropriate charitable use and support those most in need or who are suffering hardship. In respect of charitable activity, the Trust makes grants for support, maintenance, education and advancement in life up to school leaving age and, if appropriate, through a period of higher education.

Trustees' Report – St George's Police Children Trust

Review of activities - 2013

The death of a parent, at any age, changes life forever and has devastating emotional impact on top of which there may well be financial implications for the family and the bereaved children. The St George's Police Children Trust can't replace a parent but can give financial support and take away at least one burden of worry.

During 2013 St Georges Police Trust changed its name to better represent the aims of the charity to St Georges Police Children Trust. A new more child friendly and up to date logo was designed for promotion and marketing purposes.

A Fundraising Strategy was drawn up with clear objectives and planned activities to identify possible income generation. Research was carried out to support the strategy and promotion of the Charity. In November promotion began with three e-newsletters dedicated to St Georges Police Children Trust being sent to current donors and non-donors, which included a Christmas 'ask' and a separate newsletter updating beneficiaries on news without the Christmas ask.

The Trustees took the decision to use the property on Lascelles Road to benefit the children and young people by allowing the house to be used for holiday stays for beneficiaries and their families. The property will be available for this purpose around Easter 2014.

During 2013 the St George's Police Children Trust supported 308 children and young people. Grants ceased for 39 children and young people as they had either reached the upper age limit or had ceased full time education. 89 beneficiaries received University Grants. In addition, regular financial support was given to 17 beneficiaries with special needs.

The total amount paid by the Trust in the year on grants to beneficiaries was £426,600.

'As a student who received your support for the four years it took to complete my Masters Degree in pharmacy, I am sending this note to express my sincere thanks. Without the Trust I would have struggled financially with no support from my deceased father, but your charity's contribution meant I could concentrate on my studies without the worry of funding.'

'Thank you very much for all the financial support and Christmas gift. It makes all the difference!'

As has been reported previously the Board of Trustees occasionally make ex gratia payments in line with the objectives of the Trust. Such support is provided to a group of former residents of St George's House, the Police Orphanage that once stood on Otley Road in Harrogate. This year the Trust helped to fund the 'St George's Old Boy's and Girls' 50th annual reunion dinner in Harrogate.

Finally, to conclude this review the Board of Trustees would like to extend their thanks to: Staff Association Representatives; Benevolent Fund Staff; Chief Officers; Occupational Health Departments and Welfare Officers for their assistance and support.

Trustees' Report – St George's Police Children Trust

The Board would like to record their thanks to the police officers and members of the public whose donations help to fund the work of the Trust and to the members of the General Council for their on-going service and the help in promoting the service and benefits of the St George's Police Children Trust.

Governance

The Board of Trustees set the strategy and policy direction of the Trust and is responsible for its compliance with the Sealed Scheme. The Trustees are appointed in accordance with the rules of the Sealed Scheme and report annually to the General Council. On appointment each Trustee is provided with an online Trustees' information pack which includes the Charity Commission Guide for Trustees, a history of the Trust as well as Minutes from recent Board of Trustees meetings, minutes of the AGM and the Annual Report. Trustee training is provided which covers the role and responsibilities of a Trustee.

Trustees give their time voluntarily and receive no financial benefits from the Trust. They are able to gain access to the services provided by the Trust but are subject to the usual application process by which beneficiaries' needs are assessed.

Management

The Board appoints a Secretary who develops the Trust's Annual Business Plan for approval by the Trustees. The Secretary then has the authority within the Trust's Scheme of Delegation for implementing the approved Annual Business Plan and for the day-to-day operations of the Charity in accord with approved strategy, policy and procedures.

The Trustees wish to record their thanks to the staff for their professionalism and commitment to their roles which enable the wide range of services to be effectively and efficiently provided to beneficiaries.

FINANCIAL INFORMATION

The St George's Police Children Trust

The St George's Police Children Trust was founded by Catherine Gurney OBE, who also founded the Police Treatment Centres. The Trust is based at and operates from offices at St Andrews, the Police Treatment Centre in Harrogate and the two charities have a number of Trustees in common.

The Board of Trustees has considered and assessed the major financial risks to which The St George's Police Children Trust is exposed, giving due regard to the guidance issued by the Charity Commission and OSCR. In order to reduce counterparty risk the Board will only engage financial advisors that are regulated in the UK by either the Bank of England or the Financial Services Authority.

In order to minimise investment risk the Board has an Investment Policy to which the appointed investment manager must adhere. In addition to these protections the Board retains cash assets which, in their opinion, are sufficient to meet any short term financial requirement which can reasonably be anticipated.

This also takes into account the investment policy relating to the assets invested within the designated funds, and the ready availability of those assets.

The Investment Policy agreed by the Board of Trustees is to increase income in line with inflation while preserving the real value of capital sums invested. The breakdown, nature of investments and Investment Policy has been agreed with the St George's Police Children Trust Trustees' Investment Sub Committee and the St George's Police Children Trust Finance and Personnel Sub-Committee. The Trustees have placed restrictions on the Investment Manager's authority and the Investment Policy will be continually monitored and reviewed at six-monthly intervals.

The Reserves Policy agreed by the Board of Trustees is to maintain available reserves of at least £4.5 million pounds. The Trust requires this level of reserves because it does not have a guaranteed income and this represents the Trust's ability to maintain reserves to meet commitments to current beneficiaries without the need to raise additional funds.

In addition the Trustees recognise that the value of annual benefits disbursed to beneficiaries cannot be met by the value of annual officer donations alone, therefore they have also resolved to retain sufficient reserves to generate enough income through its investments to support the revenue budget and the disbursement of those monies to beneficiaries. The Reserves Policy will be continually monitored and reviewed at six-monthly intervals.

Trustees' Report – St George's Police Children Trust

DONATIONS RECEIVED

The following unrestricted donations (over £100) were received by the St George's Police Children Trust in 2013:

Strathclyde Police Federation	£414.83
Collection in memory of PC Brama	£865.08
Airdrie Saving Bank	£600.00
Lincolnshire Police	£436.68
Sheepdog Trials	£200.00
Lincolnshire Police Federation	£500.00

The following unrestricted donations were received from St George's Police Children Trust collection boxes in 2013:

North Wales	£11.43
Police Scotland (Eastern Region)	£310.82
Northumbria	£59.70
Humberside	£167.00
West Yorkshire	£23.57

Trustees' Report – St George's Police Children Trust

ST GEORGE'S POLICE CHILDREN TRUST

STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 31 December 2013

	Unrestricted funds	Restricted income funds	Permanent endowment funds	2013 Total	2012 Total
	£	£	£	£	£
Incoming resources					
Incoming resources from generating funds:					
Voluntary income	461,491	-	-	461,491	482,253
Investment income	447,119	-	-	447,119	444,782
Total incoming resources	<u>908,610</u>	<u>-</u>	<u>-</u>	<u>908,610</u>	<u>927,035</u>
Resources expended					
Costs of generating funds:					
Investment management costs	11,952	-	14,404	26,356	31,508
Charitable activities	430,106	-	-	430,106	429,087
Governance costs	1,565	-	-	1,565	864
Total resources expended	<u>443,623</u>	<u>-</u>	<u>14,404</u>	<u>458,027</u>	<u>461,459</u>
Net incoming/ (outgoing) resources before other recognised gains and losses	464,987	-	(14,404)	450,583	465,576
Other recognised gains and losses (Losses)/ gains on investment assets	467,398	-	563,248	1,030,646	722,699
Net movement in funds	932,385	-	548,844	1,481,229	1,188,275
Total funds brought forward	3,943,863	-	6,126,560	10,070,423	8,882,148
Total funds carried forward	<u>4,876,248</u>	<u>-</u>	<u>6,675,404</u>	<u>11,551,652</u>	<u>10,070,423</u>

All of the above results are derived from continuing activities. All gains and losses recognised in the year are included above. The surplus for the year for Companies Act purposes comprises the net incoming resources for the year of £450,583 (2012: £465,576) plus the realised investment gains / (losses) of £nil (2012: £nil), amounting to a surplus of £450,583 (2012: £465,576).

Trustees' Report – St George's Police Children Trust

ST GEORGE'S POLICE CHILDREN TRUST (company number: 07822521)

BALANCE SHEET As at 31 December 2013

	2013		2012	
	£	£	£	£
Fixed assets				
Tangible assets		445,273		-
Investments		12,699,491		11,752,495
		<u>13,144,764</u>		<u>11,752,495</u>
Current assets				
Debtors	155,567		162,898	
Cash at bank and in hand	936,439		994,706	
Current asset investments	500,000		500,000	
		<u>1,592,006</u>		<u>1,657,604</u>
Creditors: amounts falling due within one year				
		<u>(12,304)</u>		<u>(49,205)</u>
Net current assets		<u>1,579,702</u>		<u>1,608,399</u>
Total assets less current liabilities		<u>14,724,466</u>		<u>13,360,894</u>
Provisions for liabilities		<u>(3,172,814)</u>		<u>(3,290,471)</u>
Net assets		<u><u>11,551,652</u></u>		<u><u>10,070,423</u></u>
Funds				
Unrestricted income funds		4,876,248		3,943,863
Restricted funds		-		-
Permanent endowment funds		6,675,404		6,126,560
		<u>11,551,652</u>		<u>10,070,423</u>
Total funds		<u><u>11,551,652</u></u>		<u><u>10,070,423</u></u>

The financial statements were approved by the trustees on 28th March 2014 and signed on its behalf by:

M Botham
Trustee

Dated: 28th March 2014

Trustees' Report – St George's Police Children Trust

INDEPENDENT AUDITORS' STATEMENT TO THE TRUSTEES OF ST GEORGE'S POLICE CHILDREN TRUST.

We have examined the summarised financial statements for the year ended 31 December 2013 set out on pages 23 and 24.

Respective responsibilities of the trustees and the auditor

The trustees are responsible for preparing the summarised financial statements in accordance with applicable United Kingdom law and the recommendations of the charities SORP.

Our responsibility is to report to you our opinion on the consistency of the summarised financial statements with the full annual financial statements and Trustees' Annual Report.

We also read other information contained in the summarised annual report and consider the implications for our report if we become aware of any apparent mis-statements or material inconsistencies with the summarised financial statements.

We conducted our work in accordance with Bulletin 2008/3 issued by the Auditing Practices Board.

Opinion

In our opinion the summarised financial statements are consistent with the full annual financial statements and the Trustees' Annual Report of St George's Police Children Trust for the year ended 31 December 2013.

Baker Tilly
31st March 2014

Baker Tilly
2 Wellington Place
Leeds
LS1 4AP

The Police Treatment Centres and St George's Police Children Trust Annual Report was kindly printed by the Police Federation of England and Wales.

Further copies of the report and copies of the full accounts are available on request from St Andrews, Harlow Moor Road, Harrogate, North Yorkshire, HG2 0AD.

Larger print copies are also available.